
“NEED HELP PRAYING?”

STUDY NOTES FOR CARE GROUPS – SERIES: PRAYER (EPHESIANS 6:12; ROMANS 8:26)

The following are resource questions that you can use with our Care Group for discussion. They are based on the sermon preached on Sunday, September 20, 2009, by Pastor Arnold at the Grace Baptist Church, Singapore. To hear the actual sermon, you can go to <http://www.gracebap.org.sg/worship/series.html> and listen to the sermon.

- 1) Please have different members of the Care Group (CG) share an experience where they felt they were in a situation so complex and confusing that they did not know where to even start praying.

- 2) Spiritual warfare is a reality of our faith and so are our human weaknesses - see Ephesians 6:12 and Romans 8:26.
 - a) Why is it so important to acknowledge that we are in a spiritual battle with spiritual enemies?
 - b) What are some of the “human weaknesses” we have that impact our ability to pray?

- 3) Who is the Holy Spirit and what is His role in the life of the believer?
 - a) Review the passages showing the Holy Spirit is God:
 - i. Associations with other members of the Trinity - Matthew 28:19; 2 Corinthians 13:14.

 - ii. Attributes of the Holy Spirit are the same as God – He is:
 - Eternal (Hebrews 9:14)
 - Omniscient (John 14:26)
 - Omnipotent (Luke 1:35)
 - Omnipresent (Psalm 139:7-10)

- b) Review passages on the Holy Spirit's role in the life of a believer. Have members share how at different times in their lives the Holy Spirit has carried out these ministries in their lives:
- Romans 8:14
 - John 16:12-15
 - 1 Corinthians 2:9-12
 - Romans 8:26-27
- c) How does the ministry of the Holy Spirit encourage us in our daily walk with God – does it encourage us or discourage us. Why?
- 4) How does the truth that the Holy Spirit indwells every believer (good and not so good - John 14:16 and 1 Corinthians 6:19) encourage us?
- 5) How does the truth that a believer can hinder, stifle and even block the Holy Spirit's ministry in your life (1 Thessalonians 5:19 and Ephesians 4:28-32) affect you and why?
- 6) If you are comfortable, share with your fellow CG members a special situation or need you are in right now. Join in prayer, confident that the Holy Spirit is on your side and interceding for you – even if you don't know where to start or what to pray.